

Section 2 Maryland EPSDT Preventive Health Schedule Care

E. REQUIRED EPSDT COMPONENTS OF THE MARYLAND HEALTHY KIDS PROGRAM

The Maryland Healthy Kids Program has developed specific requirements for each of the five federally mandated EPSDT components. Below is a list of the Maryland Healthy Kids Program components and required elements.

Health and Developmental History

- Summary of medical and family health history on the initial visit with annual updates
- Initial psychosocial history with annual updates
- Perinatal history that includes birth and pregnancy history for infants under two years of age
- Developmental surveillance annually for all ages
- Developmental screening with a standardized tool at 9, 18 and 24-30 months of age
- Autism screening with a standardized tool at 18 and 24 months of age
- Mental health assessments annually beginning at 3 years of age
- Depression screening annually beginning at 11 years of age
- Substance use risk assessments annually beginning at 11 years of age

Comprehensive Physical Examination

- Comprehensive physical examination of a minimum of 5 systems
- Oral/dental assessment as part of the physical examination
- Measurement and graphing of height and weight through 20 years of age
- Body Mass Index calculation and graphing at 2 through 20 years of age
- Measurement and graphing of head circumference on infants to 24 months of age
- Blood pressure measured and recorded annually beginning at 3 years of age
- Subjective assessment of vision and hearing at every well-child visit, and objective assessment of vision and hearing at 3, 8, and 10 years of age.
- Nutritional assessment that includes review of current diet (specifying food groups) and physical activity, with pertinent education documented annually

Appropriate Laboratory Tests/Risk Assessments by Questionnaire

- 2nd Hereditary/metabolic and hemaglobinopathy test before 8 weeks of age
- Lead risk assessment at every preventive visit from 6 months to 6 years of age
- Blood lead test at any age that a positive risk of lead exposure is evident, and a repeated blood lead test within 3 months for blood lead levels between 5-9

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mcg/dL.

- Blood lead test at 12 and 24 months of age, even when no risk is evident and regardless of the child's residential zip code
- A Baseline blood lead test up to the age of 6 years if child does not have documented test results at 2 years of age or after
- Anemia risk assessment annually at 11 years of age
- Anemia test at ages 12 and 24 months of age
- A Baseline anemia test up to the age of 6 years if child does not have documented test results at 2 years of age or after
- Tuberculosis risk assessment annually beginning at 1 month of age
- Tuberculin test only after assessment shows evident risk of exposure
- Heart disease/hypercholesterolemia risk assessment annually beginning at 2 years of age
- Dyslipidemia test performed once between the ages of 9-11 and a second one between ages of 18-21.
- Sexually transmitted infections (STI and HIV) risk assessment annually starting at 11 years of age
- STI/HIV testing only after assessment shows evident risks

Immunizations

- Summary of immunization history
- Assessment of immunization status on every well visit
- Immunizations administered according to the current *DHMH Immunization Schedule*. To print the most recent Immunization Schedule, follow the link <http://www.marylandvfc.org/vfc-program-documents/>.

Health Education/Anticipatory Guidance

- Age-appropriate health education (minimum of three topics)
- Education about preventive dental visits beginning with eruption of the first tooth and required referral starting at 1 year of age
- Education and/or appropriate referral for identified health problems
- Education about importance of regular visits and when the next preventive care visit is due according to the ages specified on the *Maryland Healthy Kids Preventive Health Schedule*.

For more information on the different EPSDT components, refer to Section 3 and Section 4 of the Manual.